

TEMPLATE N°1: IDENTIFICATION OF GOOD PRACTICES BY HOST ORGANISATION

Template N°1 facilitates the description and identification of the good practices that will be presented by the host organizations during the TRIADE project. These good practices should endorse the main aim of the project, i.e. the good practice(s) focus on the enhancement of knowledge, skills, competences or attitudes of formal and informal caregivers for a more inclusive and community based care system.

Template N°1 should be completed for each good practice that will be presented and/or shown by the host organizations. PLEASE, SEND THESE TEMPLATES TO ALL PARTNERS AT LEAST 2 MONTHS BEFORE THE ACUAL VISITS!

NAME OF HOST ORGANISATION/INSTITUTION	ESKILSTUNA MUNICIPALITY, DEPARTMENT OF CARE AND SUPPORT TO PEOPLE WITH DISABILITIES
TITLE OF THE GOOD PRACTICE	PFA - Pedagogical attitude and way of work in the care, support and service to people with intellectual disability
GENERAL OBJECTIVE OF THE GOOD PRACTICE	A <i>craftwork</i> ¹ development idea/model for professional care, support and service to people with intellectual disability [ID]. The model has its theoretical foundation in Aron Antovskys' salutogenic theory, <i>every person's right to experience sense of coherence (SOC)</i> .
MOTIVATION FOR CHOOSING THIS GOOD PRACTICE	PFA has gained a considerable national interest and is more or less implemented in all care, support and services for persons with ID in Eskilstuna municipality. PFA is considered as a new and promising contribution in the practices in intellectual disabilities. More than 700 books have been sold in Sweden.
SHORT DESCRIPTION OF THE GOOD PRACTICE (+/- 500 WORDS)	<p>In care and support to persons with intellectual disability [ID] theories and models often are sparsely used in the everyday life/care support/service offered to persons with ID. In Eskilstuna municipality, PFA; Pedagogical attitude and way of work in the care, support and service to people with ID² has been developed and gained a considerable national interest. PFA is today more or less implemented in all municipal care and support/ services for persons with ID in Eskilstuna. PFA is a result of a five-year collaboration between Eskilstuna municipality; The Department of Care and Support to People with Disabilities and Mälardalen University, School of Health, care and Social Welfare.</p> <p>PFA involves starting from each person's individual skill set and difficulties, and from those pre-conditions, create a better life by focusing on the persons' strengths and at the same time compensate for difficulties. To work with PFA equates a craftsmanship where the goal is individually adjusted support to individuals with ID. To be able to do this, staff members and care support and service givers, need good prior conditions to understand and learn about the individual person with ID. The cornerstones and guidelines to work due PFA are;</p> <ul style="list-style-type: none"> • Knowledge of cognitive functions. • Knowledge of the individual person with ID. • Knowledge of ID and the meaning of living with ID, e.g. how it affects the person in his / her habitat. • Knowledge and skills to apply adaptations and adjustments in the meaning to compensate for the difficulties (both physical and cognitive) • Knowledge of the organization where PFA is applicable

¹ Craftwork: work that requires special skill or artistry, especially a handicraft

² PFA, the Swedish aberration for Pedagogical attitude and way of work in Swedish: *Pedagogiskt Förhållnings- och Arbetssätt-PFA*

PFA focuses on staffs' changed and adjusted attitude and way of work adapted to the individual's specific abilities and needs. PFA can also be described as a person-centred form of care, support and service where each individual is given the level of care, support and service needed, instead of a general model that will suit all in a group.

MEANS/MEHODES OR TOOLS USED	Staff education in PFA including implementation of PFA.
SKILLS INVOLVED FOR THE CAREGIVERS	A changed attitude and theory based way to develop the craftwork care, support and service to people with ID.
ATTITUDES INVOLVED FOR THE CAREGIVERS	<p>PFA focuses on that staff are to change/adapt and develop their <i>craftwork</i> (care, support and service) adapted to the individual's specific resources, skills and difficulties and adjust care, support and services to these specific needs. PFA can also be described as a person-centred form of care, support and service, where each person is given the level of support needed, based on the individual's skills and difficulties, instead of a general model that will suit all in a group.</p> <p>With staffs' increased knowledge about themselves and own cognition, possibilities to understanding persons with ID and / or cognitive difficulties increases. PFA can be seen as an interpretative framework, the content can vary greatly from person to person. Thus, it is no method but a way of thinking. It is about staffs' attitudes and knowledge in adjusting care, support, service, and design and fine-tune surroundings to create conditions for a meaningful life. A life of well-being and learning of unique individuals with different abilities and difficulties. PFA means working from a life perspective, with continuity, to use the person's skills and seek meaningfulness. This in cooperation with parents, families and different groups of staff who support the person with ID in his / her life situation. The implementation of PFA involves adapting the behaviour, an attitude and surroundings based on individual needs, with clarity and respect which often means working differently and perhaps untraditional.</p>
RESOURCES NEEDED	<p>Organizational adaption/acceptance of the PFA idea and theoretical foundation. Recourses and interest in develop a changed idea and attitude in care and support/service to people with intellectual disability.</p> <p>Staffs interest and willingness to change and develop care and support to persons with ID to a craftwork.</p>
NOTES	<p>Publications (in Swedish)</p> <p>Gustafsson, C., Karlsson, A., Lindström, A., Löwenborg, K (2016). <i>Pedagogical attitude and way of work in the care of/support to people with intellectual disability in group homes</i> (In Swedish: Pedagogiskt förhållnings- och arbetssätt metodutveckling i omsorgsarbete för LSS gruppboende.). (Eds: I. Knutsson Holmström, J. Stier, P. Tillgren, G. Östlund: Samproduktionens retorik och prakt inom området hälsa och välfärd). Lund: Studentlitteratur</p> <p>Gustafsson, C., Lindström, A & Löwenborg, K (2015). <i>Pedagogical attitude and way of work in the care of/support to people with intellectual disability</i> (In Swedish: Pedagogiskt Förhållnings- och arbetssätt i omsorg för personer som har intellektuell funktionsnedsättning. Eskilstuna: Eskilstuna kommun.</p> <p>Gustafsson, C., Lindström, A & Löwenborg, K (2013) <i>Pedagogical attitude and way of work in the care of/support to people with mild to moderate intellectual disability</i>. (In Swedish:PFA- pedagogiskt- arbets- och förhållningsätt i omsorg av vuxna med måttlig till grav utvecklingsstörning). Eskilstuna: Eskilstuna kommun.</p> <p>https://www.eskilstuna.se/Global/VF/PFA.pdf?epslanguage=sv</p>