

TEMPLATE N°1: IDENTIFICATION OF GOOD PRACTICES BY HOST ORGANISATION

Template N°1 facilitates the description and identification of the good practices that will be presented by the host organizations during the TRIADÉ project. These good practices should endorse the main aim of the project, i.e. the good practice(s) focus on the enhancement of knowledge, skills, competences or attitudes of formal and informal caregivers for a more inclusive and community based care system.

Template N°1 should be completed for each good practice that will be presented and/or shown by the host organizations. PLEASE, SEND THESE TEMPLATES TO ALL PARTNERS AT LEAST 2 MONTHS BEFORE THE ACUAL VISITS!

NAME OF HOST ORGANISATION/INSTITUTION	INSTITUTIONAL ACCOMODATION FOR DEPENDENT ELDERLY "VERDI"
TITLE OF THE GOOD PRACTICE	Units of life for aging people with disabilities
GENERAL OBJECTIVE OF THE GOOD PRACTICE	<p>For clients:</p> <ul style="list-style-type: none"> - Allowing ageing people with disabilities who were in institutions, to hold/continue or to recreate a social link. - Allowing ageing people with disabilities who stayed at home to break the isolation; - Maintain continuity of their life and social and cultural achievements; - Avoid multiple changes of accommodation; <p>For families:</p> <ul style="list-style-type: none"> - Ensure the relay, medical and social support when parents cannot continue to support their children ageing people with disabilities or after disappearance of parents; - Allow a joint institutionalization (parent / child);
MOTIVATION FOR CHOOSING THIS GOOD PRACTICE	<p>In continuation of exchanges in Kortrijk based on the close relationship between institutions for disabled and elderly, we have chosen to present Units of life for aging people with disabilities within institutional accommodation for elderly. Units of life are, on one hand, result of a will of public policy to find a best solution to support ageing disabled people within an institution and, on the other hand, result of a collaboration between sectors of elderly and disabled (Departmental Council, municipality, institutional accommodation and ESAT-protected work places). The Department of Val-de-Marne tries to diversify its offer proposing a range of supports, in institutions or at home of ageing people with disabilities, or at Social family Homes in order to answer in the best possible way to the needs of this public.</p>
SHORT DESCRIPTION OF THE GOOD PRACTICE (+/- 500 WORDS)	<p>Population is ageing. Various progress of society, such as medicine and improvement of living conditions, contribute to extending life of the entire population, including people with disabilities.</p> <p>Thus, aging of people with disabilities (and their parents) inspire professionals to reflect how to support better needs of this public at home or in institutional accommodations (collective housing) within logic of the life course.</p> <p>The lengthening of life expectancy, due largely to improved care for people with disabilities creates a new need:</p> <ul style="list-style-type: none"> - Institutional accommodation for ageing people with disabilities and ESAT-protected work places can no longer accompany people with disabilities unable to work or have reached retirement age. - Institutional accommodations for elderly have an expertise in the

- field of elderly care.
- Life in non-medical institutional accommodation cannot keep aging people with disabilities when their health requires significant medicalization.

The residence "VERDI" (institutional accommodation) was built with a section hosting aging people with disabilities as part of a partnership with the municipality Mandre les Roses and ESAT-protected work place ROSEBRIE in order to support their ageing residents.

Ageing people with disabilities who could no longer work there and who had a deterioration of their deficits needed for a more suitable solution and structure that could support them. At the time of the creation of the unity of life for ageing people with disabilities within residence "Verdi", this kind of structure was non-existent in Val-de-Marne.

Until today, 16 people live in Unit of life within residence "Verdi".

Their support is based on several dimensions:

- Emotional dimension: exchanges, discussions, family;
- Educational dimension: respect, exchange of information and knowledge, valorization, maintaining independence, life experiences.
- Social dimension: links with family, friends, other people, exchange, outings, recreation, respect of worship;
- Cultural dimension: personal improvement and opening to the outside;

The aim of the Unity of life is to support aging people with disability in the essential acts of their daily life respecting their rhythm, intimacy, maintaining their autonomy and social life and developing new skills and capacity.

This support allows to create a special and individualized time:

- For the staff, this may be a way to detect physical or mental abnormality.
- For the client, the support should be a time of reevaluation of self-esteem, well-being and autonomy.

In residence Verdi, clients could participate to several activities:

- The pastry workshop takes place once a week (work on the recognition of food and materials, ex. touching food brings a sensory accessibility). This workshop contributes to the concept of sharing and recognition of tastes, flavors and fragrances.
- The board game workshop is a time of gathering the group. This workshop develops links with others, mutual help, sense of competition, exchange and discussion.
- The manual workshop offers short-term activities when there is a specific purpose or occasion (themed decor, gifts ...).
- The soft gym and relaxation to reinforce muscles and balance.
- The lingerie workshop helps residents to understand how an institution's service works.
- The film workshop during which residents choose a DVD and discuss after the film projection. This workshop gathers all residents, elderly and ageing people with disabilities. This workshop is a relaxing and fosters ties between residents.

Training for professionals:

The team of staff is composed by 3 psychological medical professionals and 2 educators. The staff is trained regularly in order to improve their competence for a better support of clients. For example, the training is based on analyses of concrete cases, on relational approach in case of refusal, aggression, on work on verbal communication, and on study of different types of disability, their evolution with age in order understand better the needs of aging people with disabilities. Also, this training

improves the quality of communication with the clients.

DESCRIPTION OF TARGET GROUP	Staff in institutional accommodation for elderly Ageing people with disabilities
MEANS/MEHODES OR TOOLS USED	Several evaluations are done: - Evaluation of quality of life (needs and expectations) of resident with multiple tools to collect and analyze their expectations and needs: o Satisfaction Questionnaire; o during the Social Life Council; o investigations; o informal talks; o direct contact; o links with other professionals;
SKILLS INVOLVED FOR THE CAREGIVERS	- Knowledge of the sectors of elderly and disability - Empathy; -Capacity to listen and to understand;
ATTITUDES INVOLVED FOR THE CAREGIVERS	Staff has to be pen minded, to love human being

RESOURCES NEEDED

NOTES
